## Social Psychology



Studying the way people relate to others.

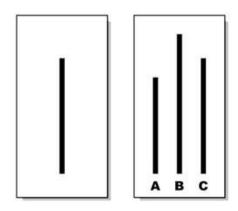
Today's Topic:

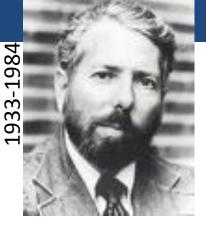
- "The Big 3"
- Studies in Social Psychology



# Solomon ASCH

 Conducted a famous study of Conformity (line length) (1950s)

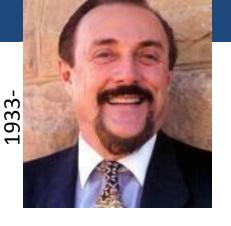




# Stanley MILGRAM

Conducted a famous study of
 Obedience (shock experiment)

(1961)



# Philip ZIMBARDO

- Conducted the Stanford Prison
   Study (1971).
- Results showed that the <u>role</u> someone <u>plays</u> greatly impacts their behavior

# Our Perception of Others

#### Attribution Theory

 Tries to explain how people determine the cause of the behavior they observe.

It is either a....

- · Situational Attribution
- Dispositional Attribution









# Situational attribution a wide berth) "Maybe that driver is ill." Negative behavior Dispositional attribution "Crazy driver!"

#### Tolerant reaction (proceed cautiously, allow driver





Unfavorable reaction (speed up and race past the other driver, craning to give a dirty look)

#### Fundamental Attribution Error



How do you view your teacher's behavior?

You probably attribute it to their personality rather than their profession.

But do you really know?

When you start a romance, you assume that they agree with your world views....honeymoon period.

 We tend to overestimate the role of dispositional factors.

Individualistic V.

Collectivistic Cultures

False Consensus Effect Self-Serving Bias



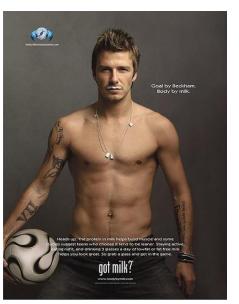
If you win it is because you are awesome...if you lose, it must have been the coach or weather or....



#### Attitudes

- A set of beliefs and feelings.
- Advertising is ALL based on attitude formation.
- Mere Exposure Effect
- Central Route v.
   Peripheral Route
- Role affects attitude











#### Attitudes— how do they develop?

- Operant Conditioning
  - Our attitudes are either reinforced or punished
- Modeling
  - We learn our attitudes by watching our parents and other role models
- Classical Conditioning

Attitudes are not hereditary!

#### Attitude and Behavior



You have a belief that cheating on tests is bad.



But you cheat on a test!!!



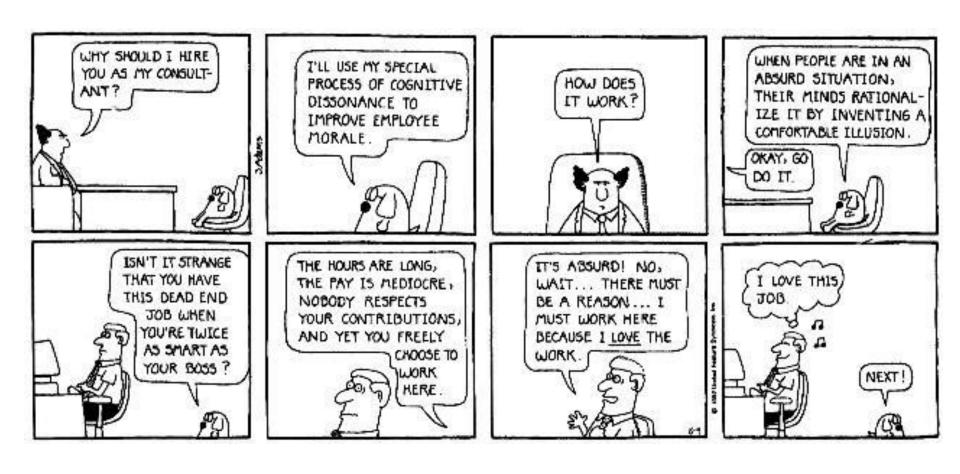
The teacher was really bad so in that class it is OK.



- Do attitudes tell us about someone's behavior?
- LaPiere's Study

#### Cognitive Dissonance Theory

- People want to have consistent attitudes and behaviors....when they are not they experience dissonance (unpleasant tension).
  - Usually they will change their attitude.



Compliance Strategies

 Foot-in-the-door phenomenon



 Door-in-the-face phenomenon



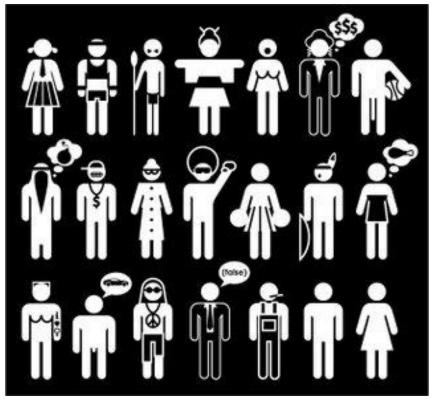
Norms of reciprocity







# Stereotypes, Prejudice and Discrimination







#### Stereotype:

 Overgeneralized idea about a group of people.

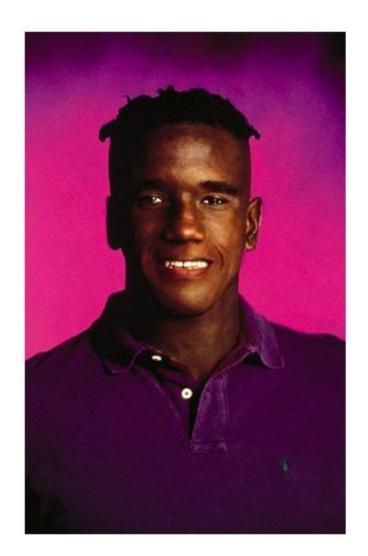
#### Prejudice:

 Undeserved (usually negative) attitude towards a group of people. Ethnocentrism is an example of a prejudice.

#### Discrimination:

An action based on a prejudice.

# Does perception change with race?





# Is it just race?

NO

Palestinians and Jews



Towners and Lakers

· Men and Women

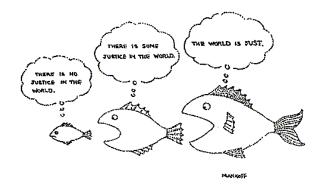




## How does prejudice occur?

#### Just world Phenomenon

- In one popular study female and male subjects were told two versions of a story about an interaction between a woman and a man. Both variations were exactly the same, except at the very end the man raped the woman in one and in the other he proposed marriage.
- In both conditions, both female and male subjects viewed the woman's (identical) actions as inevitably leading to the (very different) results.



O The New Yorker Collection 1981 Robert Mankoff from cartonabank.com.

#### In-Group versus Out-Groups.

In-Group Bias

Scapegoat Theory





#### Combating Prejudice

#### Contact Theory

 Contact between hostile groups will reduce animosity if they are made to work towards a superordinate goal.

- Serif camp study
- Election of Obama?





#### Prejudices can often lead to a....

#### Self-Fulfilling Prophecy

- A prediction that causes itself to be true.
- Rosenthal and Jacobson's "Pygmalion in the Classroom" experiment.



















#### Mirror Image Perceptions

- Reciprocal view of one-another often held by people in conflict
- I.e. when you are fighting with someone, you see yourself as the moral and rational one, and the other as the aggressor



# Group and Individual Behavior

#### How groups affect our behavior?



#### Social Norms

How we are supposed to act In social situations

Differ by culture

#### Examples?







## Social Facilitation Theory

- If you are really good at something....or it is an easy task...you will perform BETTER in front of a group.
- If it is a difficult task or you are not very good at it...you will perform WORSE in front of a group (social impairment)





## Conformity Studies

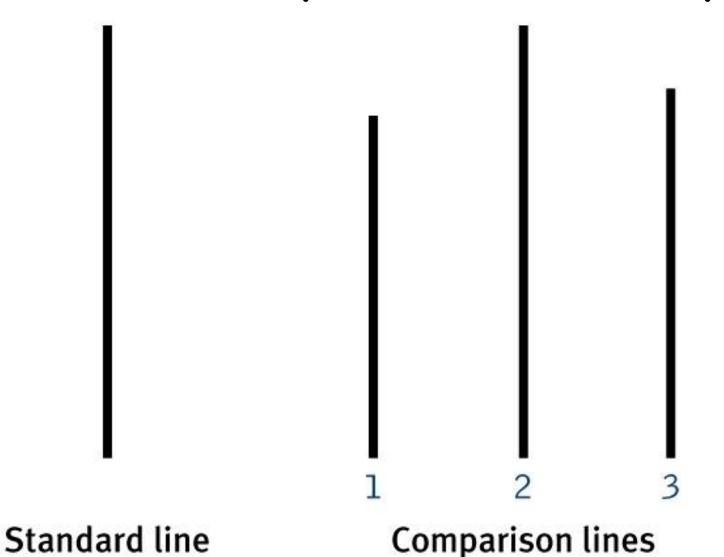






- Adjusting one's behavior or thinking to coincide with a group standard.
  - Desire to be liked or accepted by the group (normative social influence)
  - Desire to be correct about something (informational social influence) → lots of conforming when there is a difficult decision (the group is never wrong!!)

# Asch's Study of Conformity

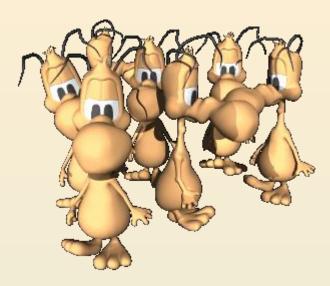


#### Asch's Results

- About 1/3 of the participants conformed.
- 70% conformed at least once.

#### To strengthen conformity:

- The group is unanimous
- The group is at least three people.
- One admires the group's status
- One had made no prior commitment





#### Obedience





 Tendency to comply with orders from someone perceived as an authority



# Milgram's Study Of Obedience





# Results of the Milgram Study



#### What did we learn from Milgram?

- Ordinary people can do shocking things.
- · Ethical issues....
- Would not have received approval from today's IRB (Internal Review Board).
- What conclusions can we draw from Milgram's experiment?



# Group Dynamics



# Social Loafing





 The tendency for people in a group to exert less effort when pooling efforts toward a common goal than if they were individually accountable.

#### Deindividuation

- People get swept up in a group and lose sense of self.
- Feel anonymous and aroused.
- Explains rioting behaviors.





#### Deindividuation

Real life example: Jedwabne, Poland, July, 1941

The town of 3,200 Poles murdered half its population, 1,600 Jews.

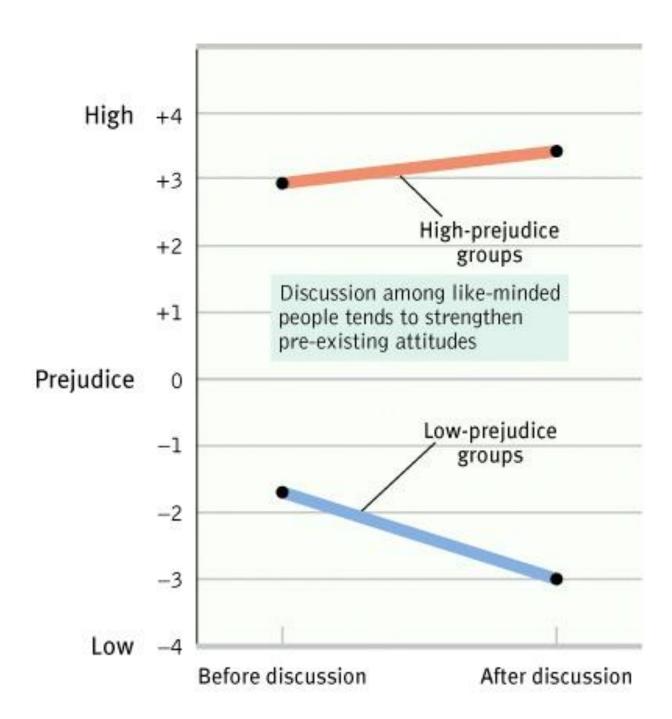
### Group Polarization

 Groups tend to make more extreme decisions than the individual.









### Groupthink





- Group members suppress their reservations about the ideas supported by the group.
- They are more concerned with group harmony.
- Worse in highly cohesive groups.

# How Role Affects Attitude Zimbardo's Prison Study

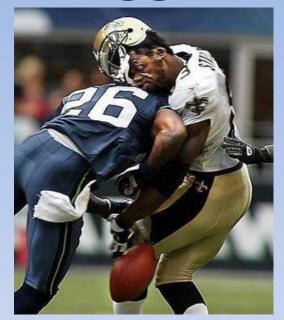


- Showed how we deindividuate AND become the roles we are given.
- Philip Zimbardo has students at Stanford U play the roles of prisoner and prison guards in the basement of psychology building.
- They were given uniforms and numbers for each prisoner.

## Psychology of Aggression

Two types of aggression

- 1. Instrumental Aggression
- 2. Hostile Aggression



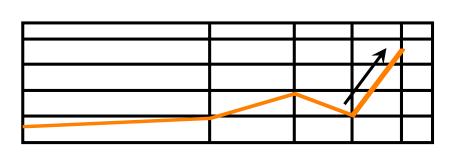
Theories of Aggression:
Bandura's Modeling
Frustration-Aggression
Hypothesis



#### Causes of Aggression

- <u>Frustration-Aggression Principle</u>: the principle that frustration---the blocking of an attempt to achieve some goal---creates anger, which can generate aggression.
  - Aversive stimuli also increases
     aggression...ex: more spousal abuse in
     hotter years and months.

Murders and rapes per day in Houston, Texas

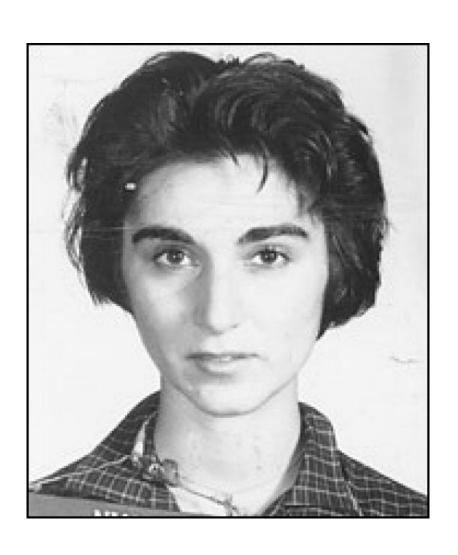


**Temperature in degrees Fahrenheit** 

#### **Altruism**

- Bystander effect
- Diffusion of Responsibility

#### Prosocial Behavior



 Kitty Genovese case in Kew Gardens NY.

#### Bystander Effect:

- Conditions in which people are more or less likely to help one another. In general...the more people around...the less chance of help....because of...
- Diffusion of Responsibility
   Pluralistic Ignorance
- People decide what to do by looking to others.

What is the optimum number of witnesses?

#### Attraction





5 Factors of Attraction

### Proximity

- Geographic nearness
   Mere exposure
   effect:
- Repeated exposure to something breeds liking.
- Does absence actually make the heart grow fonder?





### Reciprocal Liking



- You are more likely to like someone who likes you.
- · Why?
- Except in elementary school!!!!



#### First Impressions



Do they matter?





# Similarity

- Paula Abdul was wrong- opposites do NOT attract.
- Birds of the same feather do flock together.
- Similarity breeds content.





### Liking through Association



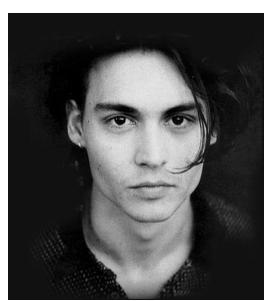
- Classical
   Conditioning can play
   a part in attraction.
- I love Cabo Fish Taco. If I see the same waitress every time I go there, I may begin to associate that waitress with the good feelings I get from Cabo

#### Psychology of Love

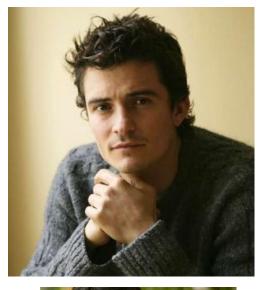
#### 2 Types of Love:

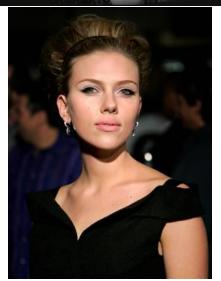
- Passionate Love: an aroused state of intense positive absorption in another, usually present at the beginning of a love relationship.
- Companionate Love: the deep affectionate attachment we feel for those whom our lives are intertwined.

## Physical Attractiveness











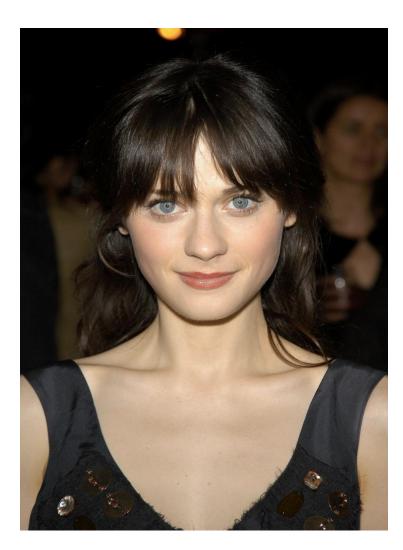


## The Hotty Factor

- Physically attractiveness predicts dating frequency (they date more).
- They are perceived as healthier, happier, more honest and successful than less attractive counterparts.



# What is beauty?





### Beauty and Culture





Obesity is so revered among Mauritania's white Moor Arab population that the young girls are sometimes force-fed to obtain a weight the government has described as "life-threatening".

#### Are these cultures really that different?





